

Scope & Sequence: *A Celebration of Our 12 Powers, For Teens*

The purpose in creating this curriculum is to assist our teens in exploring the 12 Powers of Man and how to use their powers to create an empowered life. For Ages 11 to 18

	Week	Lesson Title	Question to Explore	Story
Unit 1 - Faith	1-1	"What is Faith"	How does what I know about faith affect my life?	"Jesus Walks on Water," Matthew 14:22-33
	1-2	"Where is My Faith Focused?"	When it comes to faith, what choices do I have?	"Jesus Walks on Water," Matthew 14:22-33
	1-3	"How Does Faith Grow?"	Is it possible to grow in faith?.	"The Parable of the Mustard Seed," Mark 4:26-32
	1-4	"What is Faith in Action?"	How can I have faith enough to make a difference?	"The Parable of the Mustard Seed," Mark 4:26-32

Unit 2 - Love	2-1	“What is Love?”	What is unconditional love?	“The Greatest Commandment,” Matthew 22:34-40
	2-2	“How Much Power Does Love Have?”	How does love or the lack of love affect us?	“The Greatest Commandment,” Matthew 22:34-40
	2-3	“Giving & Receiving Love”	Who is in my life to give love and who is asking for love?	“The Good Samaritan,” Luke 10:29-37
	2-4	“Only Love Prevails”	How can we use our love to transform the world?	“The Good Samaritan,” Luke 10:29-37
Unit 3 - Strength	3-1	“What is Strength?”	What kind of strength do I have?	David & Goliath, Part 1: “The Challenge Appears,” 1 Samuel 17:1-11
	3-2	“I’m Afraid, Now What Do I Do?”	What kind of strength do I have?	David & Goliath, Part 2: “Meeting the Challenge,” 1 Samuel 17:12-30
	3-3	“My Strength Revealed”	How do I use my inner strength?	David & Goliath, Part 3: “Knowing Your Strength,” 1 Samuel 17:31-39
	3-4	“Taking on Our Goliaths”	How do faith, love and strength help us overcome our Goliaths?	David and Goliath, Part 4: “Overcoming our Challenges,” 1 Samuel 17:40-51

Unit 4 - Wisdom	4-1	“What is the Still Small Voice?”	How do I recognize the still, small voice within me?	“Samuel Hears God Calling,” 1 Samuel 3:1-10
	4-2	“How Can I Hear You With All This Noise in My Head?”	How do we sort through all the voices in our head in order to determine which one to listen to?	“Samuel Hears God Calling,” 1 Samuel 3:1-10
	4-3	“What Choice Do I Have?”	How do I know what choices to make?	“Build Your House on a Rock,” Matthew 7:21-29
	4-4	“Head & Heart Working Together”	How do I use both my intellect and my feelings to make sound decisions?	“Build Your House on a Rock,” Matthew 7:21-29
Unit 5 - Power	5-1	“How Does God Create?”	How are things created in the world?	“The Creation Story,” Genesis 1:1-31, 2:1-4, <i>The Message Bible</i>
	5-2	“What Power Do I Have to Create?”	What power do my thoughts and words have?	“The Creation Story,” Genesis 1:1-31, 2:1-4, <i>The Message Bible</i>
	5-3	“The Voice of Power”	What affect does my power have on myself and others?	“Jesus Calms the Storm,” Matthew 8:18-27
	5-4	“Taking a Stand for Peace”	What more is required?	“Jesus Calms the Storm,” Matthew 8:18-27

Unit 6 - Imagination	6-1	“What is Imagination?”	How does imagination work?	“The Book of Revelation,” Revelation 12:1-9, <i>New Revised Standard</i>
	6-2	“Do I Really Need an Imagination?”	How does my imagination help to create my life?	“The Book of Revelation,” Revelation 12:1-9, <i>New Revised Standard</i>
	6-3	“What Are You Dreaming About?”	What power do my dreams have in my life?	“Jacob’s Ladder,” Genesis 28:11-15
	6-4	“Imagination Taking Form”	How can I use my dreams to improve my life?	“Jacob’s Ladder,” Genesis 28:11-15
Unit 7 - Understanding	7-1	“Am I More Than Just This Body?”	What am I made of?	“Shadrach, Meshach & Abed’nego,” Daniel 3:1-30
	7-2	“God is Always Present”	How do I know that God is always present?	“Shadrach, Meshach & Abed’nego,” Daniel 3:1-30
	7-3	“Is the Truth the Same for Everyone?”	How do I know what the Truth is?	“Daniel in the Lion’s Den,” Daniel 6:1-23
	7-4	“Are We All Connected?”	What does being connected by Spirit mean in our lives?	“Daniel in the Lion’s Den,” Daniel 6:1-23

Unit 8 - Will	8-1	“Why Do I Have to Do That?”	How does listening to my inner wisdom help me?	The Story of Jonah, Part 1: “The Lord Makes a Request of Jonah,” Jonah 1:1-17
	8-2	“Am I Willing or Willful?”	What is the different between being willing or willful?	The Story of Jonah, Part 2: “In the Belly of the Whale,” Jonah 2:1-10
	8-3	“Becoming Willing”	How does being willing affect my life?	The Story of Jonah, Part 3: “Jonah Finally Goes to Nineveh,” Jonah 3:1-10
	8-4	“Being Willing to Let Go of Expectations”	What happens when I let go of expectations?	The Story of Jonah, Part 4: “Jonah’s Anger,” Jonah 4:1-11
Unit 9 - Order	9-1	“God First”	What does it mean, to put God first?	“The Rich Young Man,” Luke 18:18-30
	9-2	“From Chaos to Order”	How do I bring order into my life when I feel chaotic?	“The Rich Young Man,” Luke 18:18-30
	9-3	“Everything Begins With a Thought”	What power do my thoughts have in creating order in my life?	“The Prodigal Son,” Luke 15:11-32
	9-4	“Meaning Makers”	What meaning do I give to my experiences?	“The Prodigal Son,” Luke 15:11-32

Unit 10 - Zeal	10-1	"The Voice of Encouragement"	What is my inner voice telling me to do?	"The Tower of Babel," Genesis 11: 1-4 <i>New Revised Standard Version</i> (Use only the first four verses this week.)
	10-2	"Too Much At Once"	How can I quiet the voices of confusion within me?	"The Tower of Babel," Genesis 11: 1-4 <i>New Revised Standard Version</i> (Use the whole story.)
	10-3	"I Radiate Spiritual Energy"	What does it feel like to radiate as my best self?	"Moses is Called By God," Exodus 3:1-15, <i>The Children's Illustrated Bible</i> , pp. 70-71
	10-4	"I Sing & Dance for Joy"	What are the ways I express my joy?	"Moses is Called By God," Exodus 3:1-15, <i>New Century Version</i>
Unit 11 - Release	11-1	"I Let Go"	What does it mean, to let go?	"Joseph and His Brothers," Genesis 37:1-36
	11-2	"The Benefits of Letting Go"	What happens if I don't quite let it go?	"Joseph and His Brothers," Genesis 37:1-36
	11-3	"Releasing Attachment"	What are some ways to release the things I want to let go of?	"Joseph's Brothers Go to Egypt," Genesis 42:1-38
	11-4	"Forgiveness Sets Me Free"	What does it feel like to really break free of attachments?	"Benjamin and the Silver Cup," Genesis 44-45:1-16

Unit 12 - Life

12-1	"Life is Precious"	What is precious about my life?	"Moses in Bulrushes," Exodus 2:1-10
12-2	"My Life is Abundant"	How is my life filled with abundance?	"Moses in Bulrushes," Exodus 2:1-10
12-3	"We Are All In This Together"	What do we all have in common?	"We are One," Leviticus 19:33-34
12-4	"Be the Spark"	How can I let my light shine more fully?	"Jesus Appears to His Followers," John 21:1-17