

**Y.O.U.
&
UNITEEN

JOY SONGS**

**Edited by "A-Town YOU"
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Taken from the South-Central Region Website
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Albert (or Sally) the Camel

Albert the Camel has 10 humps
 Albert the Camel has 10 humps
 Albert the Camel has 10 humps
 So go, Albert, go!

Albert the Camel has 9 humps
 Albert the Camel has 9 humps
 Albert the Camel has 9 humps
 So go, Albert, go!

(8...7...6...5...4...3...2...1...)

Albert the Camel has no humps
 Albert the Camel has no humps
 Albert the Camel has no humps
 OH NO! Albert's a horse!

Alive, Alert, Awake

I'm Alive, Alert, Awake, Enthusiastic,
 I'm Alive, Alert, Awake, Enthusiastic,
 I'm Alive, Alert, Awake,
 I'm Awake, Alert, Alive,
 I'm Alive, Alert, Awake, Enthusiastic!!!

Angel, Angel

Angel, Angel,
 You are an Angel
 I see an Angel in your eyes

Banana Song

Form Banana, form, form banana, etc.
 Peel Banana, peel, peel banana, etc.
 And go bananas, go, go bananas, etc.

Form a wall, form, form a wall, etc.
 Climb a wall, climb, climb a wall, etc.
 And go AWOL, go, go AWOL, etc.

Form a cow, form, form a cow, etc.
 Tip a cow, tip, tip a cow, etc.
 Have a cow, have, have a cow, etc.

Boom-chicka-boom

I said a-BOOM-chicka-boom,
 I said a-BOOM-chicka-boom,
 I said a-BOOM-chicka-ROCKA-chicka-ROCKA-chicka-boom.

Janitor Style: ...BROOM-chicka-MOPA-chicka-MOPA-chicka-broom.

Flower Style: ...BLOOM-chicka-BLOSSOM-chicka-BLOSSOM-chicka-bloom.

Valley Girl Style:...like-a-BOOM-chicka-ROCKA-chicka-gag me with a SPOON!

Preacher Style: ...BOOM-chicka-ROCKA-chicka-FIRE-chicka-BRIMSTONE-chicka-boom!

BUBBLEGUM

My momma gave me a penny
To buy some candy,
I didn't buy no candy,
I bought some bubblegum!
I want, I want some Bubblegum
I want, I want some Bubblegum
I want, I want some Bubblegum
I want some Bubblegum!

My momma gave me a nickel
To buy a pickle,
I didn't buy no pickle,
I bought some bubblegum!
I want, I want some Bubblegum
I want, I want some Bubblegum
I want, I want some Bubblegum
I want some Bubblegum!

My momma gave me a dime
To buy a lime,
I didn't buy no lime,
I bought some bubblegum!
I want, I want some Bubblegum
I want, I want some Bubblegum
I want, I want some Bubblegum
I want some Bubblegum!

My momma gave me a quarter
To buy some water,
I didn't buy no water,
I bought some bubblegum!
I want, I want some Bubblegum
I want, I want some Bubblegum
I want, I want some Bubblegum
I want some Bubblegum!

My momma gave me a dollar
Why'd she even bother?

Bullfrog Song

"mmm-AHH" went the little green frog one day,
 "mmm-AHH" went the little green frog.
 "mmm-AHH" went the little green frog one day,
 so we all went "mm-mm-AHH"

We all know frogs go
 (clap) La-de-dah-de-dah
 (clap) La-de-dah-de-dah
 (clap) La-de-dah-de-dah
 We all know frogs go
 (clap) La-de-dah-de-dah
 They don't go "mm-mm-AHH"

Bumblebee Tuna

Yum-yum bumblebee,
 bumblebee tuna,
 I love bumblebee,
 bumblebee tuna.
 Yum-yum bumblebee,
 bumblebee tuna,
 Love the sandwich made with
 bumblebee. BUMBLEBEE.

Canoe Song

Just a boy and a girl in a little canoe,
 with the moon shining all around,
 And when he dipped his paddle in
 you couldn't even hear a sound,
 So they talked and they talked
 til the moon grew dim,
 He said you better kiss me
 or get out and swim,
 So whatcha gonna do in a little canoe,
 With the moon shining all a,
 Boy paddlin' all a,
 Girl swimmin' all around?

Cradle Me, Cradle Me

Cradle me, cradle me,
carry me, carry me,
we'll be together, together forever
Oh God, Oh God, Oh God

Down in My Heart

I've got the joy, joy, joy, joy,
down in my heart,
down in my heart
down in my heart,
I've got the joy, joy, joy, joy,
down in my heart,
down in my heart to stay.
(repeat using love, then peace)

Every Little Cell

Every little cell in my body is happy,
Every little cell in my body is well.
Every little cell in my body is happy,
Every little cell in my body is well.
I'm so glad every little cell,
In my body is happy and well.
I'm so glad every little cell,
In my body is happy and well.

The Father and I Are One

The Father and I Are One
The Father and I Are One
Are one, are one, are one, are one.
The Father and I Are One

Father Abraham

(chorus: Father Abraham had seven sons.
 And seven sons had Father Abraham.
 They never laughed (they never laughed)
 They never cried (they never cried)
 All they did was go like this...)

With a right. (chorus)
 With a right and a left. (chorus)
 With a right and a left and a right. (chorus)
 With a right and a left and a right and a left. (chorus)
 With a right and a left and a right and a left, nod your
 head. (chorus)
 With a right and a left and a right and a left, nod your
 head, turn around. (chorus)
 With a right and a left and a right and a left, nod your
 head, turn around, wink your eye,
 AMEN!

The Gospel in One Word

Love, love, love, love
 The gospel in one word is love
 Love thy neighbor as thy self,
 Love, love, love, love.

Peace, peace, peace, peace
 The gospel in one word is peace
 Peace within and peace without
 Peace, peace, peace, peace.

Joy, joy, joy, joy
 The gospel in one word is joy
 Joy for you and joy for me
 Joy, joy, joy, joy

Greatest Thing in All the World

The greatest thing in all the world is knowing you
 The greatest thing in all the world is knowing you
 I want to know you more,
 I want to know you more,
 The greatest thing in all the world is knowing you.
 (loving you...serving you...blessing you...)

Head, Shoulders, Knees, and Toes

Head, shoulders, knees, and toes, knees, and toes,
 Head, shoulders, knees, and toes, knees, and toes,
 and eyes and ears and mouth and nose...
 Head, shoulders, knees, and toes, knees, and toes!

How Could Anyone Ever Tell You?

How could anyone ever tell you
 you are anything less than beautiful?
 How could anyone ever tell you
 you are less than whole?
 How could anyone fail to notice
 that your loving is a miracle?
 How deeply you're connected to my soul.

Humble Thyself

Humble thyself in the sight of the Lord.
 (repeat)
 And he (and she) shall lift you up.
 Higher and higher.
 And he (and she) shall lift you up.

I am Free, I am Unlimited

I am free, I am unlimited,
 There are no chains that bind me,
 I am free, I am unlimited,
 Right now, right now.

I am Opening Up

I am opening up in sweet surrender
 of the luminous love light of the one
 I am opening up in sweet surrender
 of the luminous love light of the one
 I am o-pening, I am o-pening.
 I am o-pening, I am o-pening

I Like To Eat Apples and Bananas

A like to Aat Aat Aat Apples and bAnAnAs,
 A like to Aat Aat Aat Apples and bAnAnAs!
 E like to Eat Eat Eat Epples and bEnEnEs,
 E like to Eat Eat Eat Epples and bEnEnEs!
 I like to Iat Iat Iat Ipples and bInInIs,
 I like to Iat Iat Iat Ipples and bInInIs!
 O like to Oat Oat Oat Opples and bOnOnOs,
 O like to Oat Oat Oat Opples and bOnOnOs!
 U like to Uat Uat Uat Upples and bUnUnUs,
 U like to Uat Uat Uat Upples and bUnUnUs!

I Want To Hug You

I really, really want to hug you.
 (A big lovin' squeeze!)
 Can I, can I, can I hug you?
 Pretty please?
 THANK you!

I Will Be Your Shining Light

I will be your shining light,
 Like a beacon on a hill at night,
 I will be your voice near and far,
 Telling the truth about who you are!

I've Got Peace Like a River

I've got peace like a river
 I've got peace like a river
 I've got peace like a river
 In my soul (in my soul) [repeat]
 (love like a mountain... joy like a fountain... all three)

If You're Happy and You Know It

If you're happy and you know it,
 (clap your hands, stomp your feet, give a hug, etc).
 If you're happy and you know it,
 (clap your hands, stomp your feet, give a hug, etc).
 If you're happy and you know it,
 Then your face will surely show it,
 If you're happy and you know it,
 (clap your hands, stomp your feet, give a hug, etc).

Inside of You

Inside of you, There is a light
 From head to toe, Shining bright
 I wish for you, The same as me
 To live your life, In harmony
 Now shine, Now glow
 Now live, Now know...

JAWS

Baby shark, do, do, do, do, do, do (repeat 2x) Baby shark
 Mama shark, do, do, do, do, do, do (repeat) Mama shark
 Daddy shark, do, do, do, do, do, do (repeat) Daddy shark
 Grampa shark, do, do, do, do, do, do (repeat) Grampa shark
 Out swimmin', do, do, do, do, do, do (repeat) Out swimmin'
 See a shark, do, do, do, do, do, do (repeat) See a shark
 Swim away, do, do, do, do, do, do (repeat) Swim away
 Shark attack, do, do, do, do, do, do (repeat) Shark attack
 Loose a leg, do, do, do, do, do, do (repeat) Loose a leg
 Loose an arm, do, do, do, do, do, do (repeat) Loose an arm
 Go to heaven, do, do, do, do, do, do (repeat) Go to heaven

Joe (and the Button Factory)

Hi, my name is Joe and I work in a button factory -
 I got a wife, two kids - both boys and I work all day
 pushing buttons
 One day, my boss says to me, "Hey Joe, are ya busy?" I
 said "Nooo"
 "Then push this button with your [right hand, left, right
 foot, left, head, tongue...]"

 Last time: "Joe, are ya busy?" I said "YESSS!"

Kum By Ya

Kum by ya, my Lord, kum by ya.
 Kum by ya, my Lord, kum by ya,
 Kum by ya, my Lord, kum by ya,
 O Lord, kum by ya.
 Someone's prayin', Lord, kum by ya
 Someone's prayin', Lord, kum by ya
 Someone's prayin', Lord, kum by ya
 O Lord, kum by ya.
 Someone's singin', Lord, kum by ya
 Someone's singin', Lord, kum by ya
 Someone's singin', Lord, kum by ya
 O Lord, kum by ya.

Lean on Me

Sometimes in our lives,
 We all have pain,
 We all have sorrow
 But, if we are wise,
 We know that there's
 always tomorrow!
 Lean on me,
 When you're not strong,
 I'll be your friend,
 I'll help you carry on,
 But, it won't be long,
 Before I'm gonna need
 Somebody to lean on.
 You call on me, brother,
 When you need a hand,
 We all need...
 Somebody to lean on!
 I just might have a problem
 That you'll understand,
 Hey, we all need somebody...
 To lean on!

Let There Be Peace on Earth

Let there be peace on Earth, and let it begin with me,
Let there be peace on Earth, the peace that was meant to
be,
With God as Creator, family all are we,
Let us walk with each other, in perfect harmony.
Let peace begin with me, let this be the moment now,
With every step I take, let this be my joyous vow;
To take this moment and live this moment in peace
eternally,
Let there be Peace on earth and let it begin with me!

Listen, Listen, Listen

Listen, listen, listen
to my heart's song.
Listen, listen, listen
to my heart's song.
I will never forget you,
I will never forsake you.
I will never forget you,
I will never forsake you.

Magic Penny

Love is something if you
give it away, give it away, give it away,
Love is something if you
give it away you'll end up having more.
It's just like a magic penny,
hold on tight and you won't have any,
give it away and you'll have so many
they'll roll all over the floor!

May All Beings

May all beings have happiness
And the causes of happiness.
May all beings be away from sorrow,
And the causes of sorrow.
May all beings never separate from
That great happiness that is
Sorrow-less, sorrow-less, sorrow-less.
The Light of the World,
Just as long as I live in this world,
I am the Light of the World,
Just as long as I live in this world,
I am the Light of the World,
Just as long as I live in the world.

Moose Song

There was a great big moose.
He liked to drink a lot of juice.
There was a great big moose.
He liked to drink a lot of juice.

Chorus:

- Say whoa oh oh oh.
- Wayo wayo wayo wayo.
- Waaaaaayo wayo.
- Wayo wayo wayo wayo.

The moose's name was Fred.
He liked to drink his juice in bed.
The moose's name was Fred.
He liked to drink his juice in bed.

Chorus:

He drank his juice with care.
But he got it in his hair.
He drank his juice with care.
But he got it in his hair.

Chorus:

Now he's a sticky moose.
But he's full of juice.
But he's full of juice.

Chorus:

Peanut Butter...and Jelly

(chorus) Peanut, peanut butter, and jelly.

Peanut, peanut butter, and jelly.

First you take the peanuts

And you crush'm, you crush'm.

(chorus)

Then, you take the bread

And you spread't, you spread't.

(chorus)

Next, you take the grapes

And you smoosh'm, you smoosh'm,

(chorus)

Then, you take the jelly

And you apply it reversely to the other
side of the bread in the same fashion.

(chorus)

Last, you take the sandwich

And you eat it, you eat it.

(chorus, as if your mouth is full)

(sigh) AHHHhhhh!

Our Thoughts Are Prayers

Our thoughts are prayers,

And we are always praying

Our thoughts are prayers,

Listen to what you're saying

Seek a higher consciousness,

A state of peacefulness,

And know that God is always there,

And every thought becomes a prayer.

Noah's Ark

The Lord said to Noah, "There's gonna be a flood-y, flood-y!"
 The Lord said to Noah, "There's gonna be a flood-y, flood-y!"
 Get those animals out of the mud-dy, mud-dy!" Children of the Lord.

(chorus: So rise and shine and give God your glory, glory.
 Rise and shine and give God your glory, glory.
 Rise and shine and give God your glory, glory. Children of the Lord.)

Noah he built him, he built him an ark-y, ark-y.
 Noah he built him, he built him an ark-y, ark-y.
 Made it out of wood and bark-y, bark-y. Children of the Lord. (chorus)

The animals, they came on. They came on by twoosies, twoosies.
 The animals, they came on. They came on by twoosies, twoosies.
 Elephants and kangaroosies, roosies. Children of the Lord. (chorus)

It rained and poured for forty daysies, daysies.
 It rained and poured for forty daysies, daysies.
 Must have driven those animals crazy, crazy. Children of the Lord.
 (chorus)

The sun came out and dried up all the landy, landy.
 The sun came out and dried up all the landy, landy.
 Everything was fine and dandy dandy. Children of the Lord. (chorus)

The animals, they came off. They came off by threesies, threesies.
 The animals, they came off. They came off by threesies, threesies.
 Must have been those birds and beezies, beezies. Children of the
 Lord. (chorus)

This is the end of, the end of the story, story.
 This is the end of, the end of the story, story.
 Everything is hunky dory, dory. Children of the Lord. (chorus)

Prayer For Protection

The light of God surrounds us.
 The love of God enfolds us.
 The power of God protects us,
 The presence of God watches over us.
 Wherever we are, God is. God is. God is.

Princess Pat

The Princess Pat
 lived in a tree,
 She sailed across
 the seven seas,
 She sailed across
 the Channel Two,
 'Cause she took with her,
 a-Rick-a-Bam-boo.
 A-Rick-a-Bam-boo,
 now what is that?
 It's something made
 by the Princess Pat
 It's red and gold,
 and purple too,
 That's why it's called
 A-Rick-a-Bam-boo.
 Now Captain Jack
 had a mighty fine crew
 He sailed across
 the Channel Two,
 But their ship sank
 and yours will too,
 If you don't take
 a-Rick-a-Bam-boo.
 (chorus)
 Now Princess Pat
 saw Captain Jack
 She reeled him in
 and brought him back,
 She saved his life
 and his crew, too,
 With you know what?
 a-Rick-a-Bam-boo.
 (chorus)

Roll Away

Roll away, roll away, roll away,
 Let the burdens of your heart roll away,
 Roll away, roll away, roll away,
 Let the burdens of your heart roll away.
 Every doubt must go to the streets below
 Roll away, roll away, roll away,
 Let the burdens of your heart roll away.

Sanctuary

Lord, prepare me
 To be a Sanctuary
 Pure and Holy
 Tried and True
 With thanksgiving
 I'll be a living
 Sanctuary for you.

Lord, teach the children
 To stop the fighting
 Start uniting
 Live as one
 Let's get together
 Love each forever
 Sanctuary for you.

Siamese Baker

I went to a Siamese baker,
 To buy a loaf of bread bread bread,
 I went down to the basement
 and this is what he said said said...
 my name is...
 EieiPickaniPomPom-WillyWillyWhiskers,
 here's your loaf of bread bread bread
 my price is...CHEAP.

Simple Livin'

PART I:

Pa-tumba, Pa-tumba, Pa-tumba, Ba-way-o
Pa-tumba, Pa-tumba, Pa-tumba, Ba-way-o
Pa-tumba, Pa-tumba, Pa-tumba, Ba-way-o
Pa-tumba, Pa-tumba, Pa-tumba, Ba-way-o

PART II:

Simple, Simple Living,
Makes the world go 'round,
People live in peace.

It don't take much to live and be happy in the world,
It seems the less we have,
The more we see the beauty of the world,
So walk lightly on the Earth!

Squirrel, Squirrel

Squirrel, squirrel, shake your bushy tail.
Squirrel, squirrel, shake your bushy tail.
Wrinkle up your little nose,
and put in between your toes,
Squirrel, squirrel, shake your bushy tail.

This Little Light of Mine

This little light of mine,
 I'm gonna let it shine,
 This little light mine,
 I'm gonna let it shine,
 This little light of mine,
 I'm gonna let it shine,
 Let it shine,
 Let it shine,
 Let it shine.
 Hide it under a bush,
 OH NO, I'm gonna let it shine,
 Hide it under a bush,
 OH NO, I'm gonna let it shine,
 Hide it under a bush,
 OH NO, I'm gonna let it shine,
 Let it shine,
 Let it shine,
 Let it shine.

Y.O.U. Downclap / Y.O.U. Upclap

Y.
 Y-O.
 Y-O-U.
 Unity.
 Unity.
 We are the Youth of Unity.
 Truth-seeking, fun-loving Youth of Unity.
 We believe in knowing that the truth will set us free.
 Living, loving, laughing, learning, letting ourselves be free,
 Dig us as we practice Christianity every day.
 Unity,
 U-ni-ty!

Y.O.U. (to the tune of Mickey Mouse)

Come along, sing our song, and join our family,
 Y.O.U., Y.O.U., Youth of Unity,
 It's great! (It's great!) So great! (So great!)
 You're as welcome as you knew you'd be!
 So open up and grab a hand, it's our community,
 Y.O.U., Y.O.U., Youth of Unity,
 I love you! (I love you!) You love me! (You love me!)
 Forever let us make our Christ light shine!
 Shine! Shine! Shine!
 We play fair, and we work hard and we're in harmony,
 Y.O.U., Y.O.U., Youth of Unity!

You Are My Sunshine

You are my sunshine, my only sunshine,
 You make me happy when skies are gray.
 You'll never know dear how much I love you,
 Please don't take my sunshine away.

You Are So Beautiful

You are so beautiful
 You are so wonderful
 My heart, is open wide to let you in.
 You are so beautiful
 You are so wonderful
 And I do love you
 As you are, my friend.

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