

## **Run Copy for each person**

**I Surrender** to the presence and power of God to improve my life.

**I Believe** that the power of God can change my life.

### **I Am Ready to be Changed**

I realize that negative thinking is the cause of my problems. I am ready to have my beliefs and attitudes in alignment with God.

### **I Decide to be Changed**

I made a decision to surrender my will to the will of God. I ask to be changed at depth.

**I Forgive** myself for all my mistakes and also any persons that may have harmed me.

**I Ask** I make known my specific request, asking my partners' support in knowing that God is fulfilling my needs.  
(Each person states request)

**I Give Thanks** that God is responding to my needs and I assume the same feelings I would have if my requests were fulfilled.

**I Dedicate my Life** I now have a covenant in which it is agreed that God is supplying me with an abundance of all things necessary to live a successful and happy life. I dedicate myself to be of maximum service to God and those around me, to live in a manner that sets the highest example for others to follow and to remain responsive to God's guidance. I go forth with a spirit of enthusiasm, excitement and expectancy. I am at peace.

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